



Resource Material

Hello and welcome to the resource material for Full Armour.

As the name suggests, we are using the imagery set out in Paul's letter to the Ephesians describing the armour of God. Paul urges us to put on the full armour to protect ourselves with the truths of the gospel of Jesus.

It is colour coded as follows:

Black: to be read aloud

Blue: [parents/leader info](#)

Purple: additional facts if you have particularly keen and interested children

Green: additional prayer ideas if your children are keen

For each 30-40 minute session:

- play the 'Full Armour' video clip of the appropriate episode (each episode is around 4 - 6 minutes)
- Play the 'Family Series' video of the appropriate episode. (At the end of this video there is a suggested craft)
- work through the games and discussion questions of the corresponding piece of armour (explore the different aspects of the armour as a group and talk together about what it means for our lives)
- print off the appropriate fun sheet for each child
- finish with the prayer activity (decide an appropriate length of time to spend on the prayer section, depending on where your children are in their faith journey)

We pray and trust that you find your time with your children to be thoughtful and challenging and ultimately life changing.

You're on the frontline and it's an exciting place to be. You've got the armour on, but it is God's battle, so let Him take the lead and prayerfully watch for what He does.

God Bless

Chris, Matthew and Carol

Out of the Box (Scotland) Ltd

Session 2 – The Shield of Faith

1. Do you trust me? If no-one trusts you (which is fair enough!) go to option A. If someone is convinced that they totally and completely trust you try option B.

Option A: Come prepared with a small treat (chocolate would be ideal but be aware of allergies etc.). Tell them you have something for them but they have to close their eyes and trust you. If they open their eyes or take their hand away they can't have it. Some might really struggle! If they can close their eyes and hold out their hand give them the treat. Ask why it can be so hard to have faith when you can't see?

Option B: Explain you are going to do the 'trust fall' to test their faith in you. They must close their eyes and fall backwards believing that you will catch them just beyond the point where they can no longer save themselves. Emphasise that you would never let them fall. They should be fine doing it the first time but don't let them off with bending their knees - they must trust you completely! If you have two leaders or a very sensible child, pre-prepare them to stand behind the child who is falling. Then move round in front of them and say that they must believe that you would never let them fall. Very few will be able to trust you once they hear your voice in front of them. Discuss why it is so hard to have faith when we can't see the full story.

2. Miriam tells Timothy that ***"Faith is being sure of what we hope for and certain of what we do not see."*** This is directly from the Bible, do you know where? (Hebrews 11.1) Is this what you thought faith was? In what ways is it surprising?

3. Miriam gives the wind as an example of something that we cannot see but is very real. Can you think of any other examples? **Gravity; emotions; smells; bacteria; electricity; magnetism.** Choosing not to believe in things you cannot see does not make them any less real. Can you imagine a world where things you didn't believe in stopped being real - what would that be like? **Imagine gravity suddenly giving up on us and letting us float into space!**

4. Timothy tells the story of how his parents became Christians and how it changed them completely. Do you know anyone who has been changed completely by their Faith? [Perhaps you could share your own story?](#)

We sometimes make the mistake of thinking we cannot see God because he is less real than we are. The truth is, he is much more real than we are - he created everything we see and feel! (Imagine how you would feel if you drew a character or created a creature that came to life, but then they refused to admit that you had made them or that you even existed!) Spend some time praying that we would be able to understand just a little more of how huge and amazing God is.

Optional Prayer activity:

Ask everyone to write down the biggest, most powerful thing they can think of. It could be an animal, a force of nature etc. As you pray read out all the ideas thanking God that he is even bigger and more powerful than all of these things.

Craft

[Make a Shield of Faith - you will need:](#)

1. cardboard cut to a reasonable 'shield like' size
2. Things to decorate the shield - pens, paint, glitter, stickers, paper etc
3. Cardboard for making handle on the back of the shield
4. Glue/sticky tape

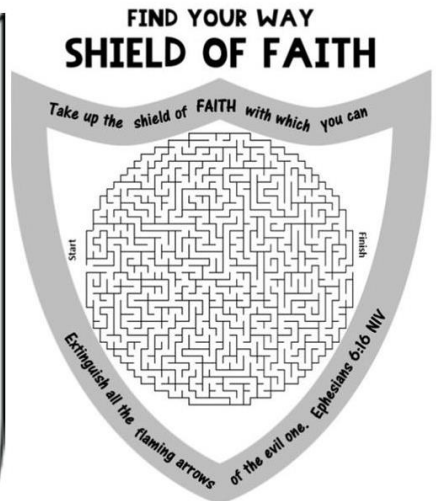
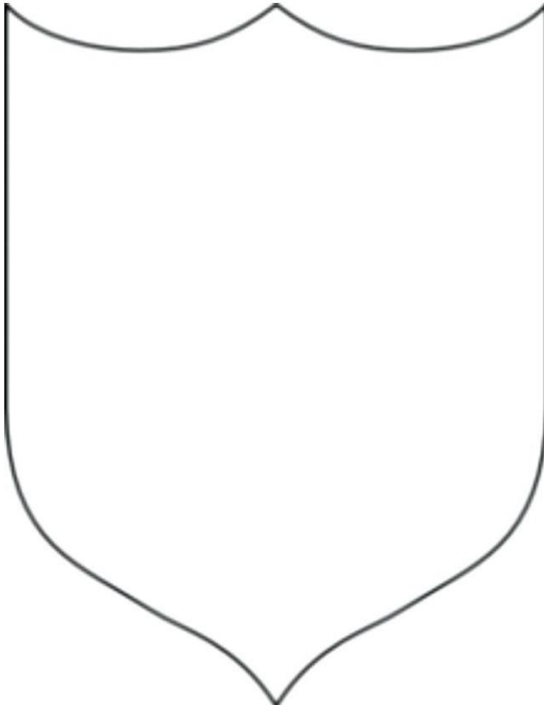
Activity Sheet 2 for P4-P7



Colour this picture of Abraham, Sarah and Isaac



Design your own shield



Armour of God:
Hold up Your
Shield of Faith



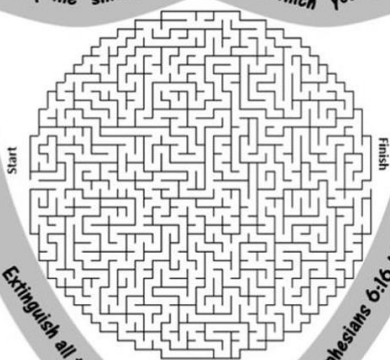
Activity Sheet 2 for P1- P3

Colour this picture of Abraham, Sarah and Isaac



FIND YOUR WAY SHIELD OF FAITH

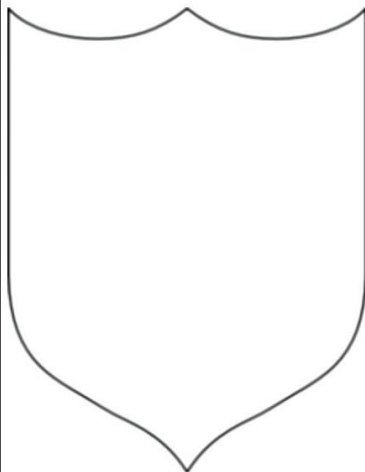
Take up the shield of FAITH with which you can



Extinguish all the flaming arrows
of the evil one. Ephesians 6:16 NIV

Put on the full Armor of God

Design your own shield



Armour of God:

Hold up Your
Shield of Faith.

